

Biological and Pharmaceutical Bulletin is published by the Pharmaceutical Society of Japan on behalf of its >17,000 members. Recent redevelopment initiatives are working consistently towards the journal's primary aim of advancing the pharmaceutical sciences worldwide. *Biological and Pharmaceutical Bulletin* publishes original, innovative articles from international authors for a large global audience, who access the journal online for free at the newly redeveloped J-STAGE platform.

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Aims & Scope

Biological and Pharmaceutical Bulletin is an international, peer-reviewed journal that publishes significant and novel contributions on biological aspects of the pharmaceutical and health sciences. Articles can take basic, experimental, applied or clinical approaches; the journal especially welcomes articles that present work at the interface of these areas. Article types include Regular Articles, Communications, Notes, and Reviews.

The journal covers a broad range of topics spanning the environmental, biological, molecular and microbiological aspects of the pharmaceutical sciences. Articles on applied clinical pharmaceuticals and the biological aspects of the chemistry of pharmaceutical science are also welcomed.

The journal is supported by the Pharmaceutical Society of Japan, which aims to advance the pharmaceutical sciences worldwide. *Biological and Pharmaceutical Bulletin* therefore provides its global authors with rapid but full peer-review services to select original, innovative, important work that is of the highest interest. A global audience of researchers, clinicians and pharmacists frequently access the journal's articles, which are available freely online as soon as they are published.

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Authors from around the world are welcome to contribute to the journal. All manuscripts must be submitted *via* the journal's submission site at <https://www.editorialmanager.com/cpb-bpb/>.

Original and revised manuscript texts may be uploaded as a Word, Excel, PowerPoint or PDF file, but a Word file is preferable and required for the final manuscript text. Figures can be incorporated in the Word file, or can also be submitted separately in several other standard formats, except the ChemDraw format. These files are automatically incorporated into a single PDF that the system creates for review.

If you encounter any problems with your submission, please contact the Editorial Office at [ronb\(at\)pharm.or.jp](mailto:ronb(at)pharm.or.jp).

Article Type Specifications

The Journal publishes Regular and Invited Reviews, Regular Articles, Communications, and Notes.

Regular Reviews are critical overviews of scientific discoveries in areas of the authors' expertise. These reviews are expected to include the authors' own recent interesting and significant results.

Invited Reviews are overviews of important topics that encompass recent scientific discoveries of high interest and significance. They are invited by the Editorial Board.

Regular Articles present original research performed by the authors and must include new data, analyses or information that is of significance and interest to a broad audience.

Communications are shorter articles that demand rapid publication due to the novelty, importance and immediate interest to the journal's readership. Authors must justify the need for urgent publication in a statement in their cover letter. In general, the main text of a **Communication** should not exceed 2000 words (approximately 4 printed journal pages).

Notes describe new facts and important data derived from work that is incomplete or only able to be partially completed. In general, the main text of a **Note** should not exceed 2000 words (approximately 4 printed journal pages).

Manuscript Preparation

Cover Letter

A cover letter must be included and should provide a brief overview of the work, its significance and the justification for publishing it. Authors who suggest potential referees should declare any relevant former or ongoing relationships in their cover letter. When submitting a Communication or Note, authors should provide the word count of the main text (including references) in their cover letter.

Style and Format

Please use 12-point Times New Roman font, preferably in Word. All files should have a page setup for A4 (210mm wide × 297mm high) paper when printed. Tables can be presented horizontally if necessary.

Title Page

The first page must be a Title page and should include the journal name (*Biol. Pharm. Bull.*) and manuscript type. This should be followed by the manuscript title, name(s) of the author(s), affiliation(s), and mailing address(es). The full address together with the telephone and fax numbers and e-mail address of the corresponding author should be given in a footnote. An asterisk (*) should be added to the right of the corresponding author's name. Use a dagger (†) to the right of a name if the present affiliation of an author is different to their affiliation when the work was completed. Include the author's current affiliation and address in the footnote.

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The full names of authors and their affiliations must be provided. If authors have more than one affiliation, this should be indicated by italicized superscripts *a*, *b*, *c*... placed after the author's name, as shown below.

Hanako Yakugaku,^{*a,b*} John Smith,^{*c*} and Taro Soyaku^{*b*}

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Summary and Keywords

On the second page, provide a Summary (<250 words) and 3 to 6 descriptive keywords in decreasing order of importance. As the keywords are used in combination to construct a rich and comprehensive index, they should be conceptually unrelated and should not repeat words or phrases. For example, using the keywords 'protein,' 'protein synthesis' and 'synthesis' together is not suitable. Abbreviations should not be used as keywords.

Graphical Abstracts

A Graphical Abstract is presented in the Table of Contents and in other materials so that readers can grasp the outline of the manuscript at a glance. Graphical Abstracts consist of carefully drawn figures (images, charts, graphs, chemical structures, or other informative illustrations) that show the most striking feature of the article in a pictorial form.

Upon first submission, a full color figure no larger than 100mm wide × 40 mm high should be provided. It should have sufficiently high resolution for good quality reproduction in print and online.

Main Text

The main body of the article should initially provide the Introduction, and then sections detailing the Materials and Methods, Results, and Discussion, in that order. Following these sections should be (in this order) Acknowledgments, Conflict of Interest, Supplementary Materials (if relevant), References, and Figure Legends.

Tables and Figures

Tables should be presented after the main text, numbered with consecutive Arabic numerals, and headed by brief titles. We recommend using the 'Tables' feature in Word; do not paste tables as pictures. Any footnotes must be placed directly after the table.

Figures should be presented after the Tables section and numbered with consecutive Arabic numerals followed by a brief title.

The figure number and title should be placed below the figure. In the main text or elsewhere, figures should be cited as “Fig. XX” within a sentence or “Figure XX” at the start of a sentence.

Supplementary Materials

Authors can provide Supplementary Materials if they enhance the overall usefulness of the article and are relevant to more fully understanding or utilizing the article. Any Supplementary Materials should be submitted as separate document(s). In addition, text should be added between the Conflict of Interest and References sections that states: “The online version of this article contains Supplementary Materials.”

Additional Information for Review

Other data necessary for peer review, including related manuscripts submitted elsewhere, should be submitted as additional information in separate documents, but labeled “Additional Information”. These materials will not be published in the journal.

References

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The journal uses a modified Vancouver referencing style. As such, references should be numbered consecutively according to the order of citation in the main text (one Arabic number should be assigned to each reference). An Arabic number followed by a right-hand half-parenthesis should be placed after the last relevant word in the sentence, outside any punctuation mark.

For example: “LAMP proteins are reported to be involved in lysosome-phagosome fusion.¹⁾”

A maximum of two names should be listed when referring to authors in the main text, for example “Jones and Smith.” When referring to three or more authors, provide only the last name of the first author followed by *et al.* For example: “Jones *et al.*”

The References section collates the references cited in numerical order. Journal abbreviations should conform to those listed in PubMed. For all listed authors, the last name and all initials should be used as exemplified below.

- 1) Vasievich EA, Chen W, Huang L. Enantiospecific adjuvant activity of cationic lipid DOTAP in cancer vaccine. *Cancer Immunol. Immunother.*, **60**, 629–638 (2011).
- 2) Shimizu K, Oku N. Brain tumor diagnosis using PET with angiogenic vessel-targeting liposomes. *Tumors of the central nervous system.* (Hayat MA ed.) Vol. 3, Springer, New York, pp. 169–176 (2011).
- 3) Brunner A, Greune H, U.S. Patent 1910462 (1993) [*Chem. Abstr.*, **27**, 4092–4096 (1993)].
- 4) International Organization for Standardization. “How ISO develops standards.”: <https://www.iso.org/developing-standards.html>, accessed 25 August, 2018.

Scientific Policies

Studies on Natural Products

Submissions that report on natural products (NPs) and/or crude extract materials (CEMs) from natural products must separately include a complete description and information on the sources of the NP/CEM, the extraction methods for the CEM, and elucidation standard in pharmacological studies of the NP/CEM. The full requirements can be found in “Guidelines for NP/CEM” at <https://bpb.pharm.or.jp/>.

All manuscripts must conform to the journal’s guidelines and standards. This holds for any submission reporting on CEMs prepared from NPs using Traditional Herbal Medicine formulae, such as Kampos or Traditional Chinese Medicine protocols.

X-ray Crystal Structure Analyses

When structural determination by X-ray crystallographic analysis is a central part of a paper, the data should be attached as Supplementary Material and must be registered and deposited with the Cambridge Crystallographic Data Centre (CCDC).

When crystallographic analysis plays only an accompanying role, the crystal data (including unit cell parameters, space group, Z density) as well as the R-factor must be reported. While not a requirement, the journal advises that the data be registered with the CCDC. Various descriptive data will only be published in the final article if they are important to the article’s overall rigor. These include: atomic coordinates when the structure is important; bond lengths and angles; thermal parameters; and torsion angles.

Nucleotide Sequences

Newly reported nucleotide sequences must be deposited in the DDBJ, GenBank, or EMBL Nucleotide Sequence Database. An accession number must be obtained before the manuscript can be accepted by the journal. Access to the information in the database must be available at the time of publication. The accession numbers of newly reported nucleotide sequences should be noted in Materials and Methods.

Spectral and Elemental Analysis Data

Please report spectral and elemental analysis data in the following format.

$^1\text{H-NMR}$ (CDCl_3) δ : 1.25 (3H, d, $J=7.0\text{Hz}$), 3.55 (1H, q, $J=7.0\text{Hz}$), 6.70 (1H, m); $^{13}\text{C-NMR}$ (CDCl_3) δ : 20.9 (q), 71.5 (d), 169.9 (s); IR (KBr) cm^{-1} : 1720, 1050, 910; UV λ_{max} (EtOH) nm (ϵ): 241 (10860), 288 (9380); UV λ_{max} (H_2O) nm ($\log \epsilon$): 280 (3.25); FAB-MS m/z : 332.1258 (Calcd for $\text{C}_{18}\text{H}_{20}\text{O}_6$: 332.1259); MS m/z : 332 (M^+), 180, 168. $[\alpha]_{\text{D}}^{23}$ -74.5 ($c=1.0$, MeOH); Anal. Calcd for $\text{C}_{19}\text{H}_{21}\text{NO}_3$: C, 73.29; H, 6.80; N, 4.50. Found: C, 73.30; H, 6.88; N, 4.65.

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The nomenclature used for chemical compounds must be in accordance with IUPAC's published guidelines. Alternatively, naming may conform to the nomenclature in the index of *Chemical Abstracts* or the Ring Index. The nomenclature style must be internally consistent within the manuscript.

Abbreviations

Abbreviations must be spelled out in full and followed by the abbreviation in parentheses when first used in the Summary and in the main text. Thereafter, the abbreviation only should be used. Please limit to a minimum the use of abbreviations in the Summary and the Title.

Note that the following common abbreviations do not need to be defined:

ADP	adenosine 5'-diphosphate
AIDS	acquired immunodeficiency syndrome
AMP	adenosine 5'-monophosphate or adenylic acid
ANOVA	analysis of variance
ATP	adenosine 5'-triphosphate
cAMP	adenosine 3',5'-cyclic monophosphate
cDNA	complementary DNA
CoA	coenzyme A
CYP	cytochrome P450
DNA	deoxyribonucleic acid
ED ₅₀	50% effective dose
ESR	electron spin resonance
FAB-MS	fast atom bombardment mass spectrometry
FAD	flavin adenine dinucleotide
GC-MS	gas chromatography-mass spectrometry
GLC	gas-liquid chromatography
GMP	guanosine 5'-monophosphate
HPLC	high-performance liquid chromatography, high-pressure liquid chromatography
IC ₅₀	inhibitory concentration, 50%
IR	infrared
LC	liquid chromatography
LC/MS	liquid chromatography/mass spectrometry
LD ₅₀	50% lethal dose
mRNA	messenger RNA
MS	mass spectrum
NMR	nuclear magnetic resonance
OTC	over the counter
PCR	polymerase chain reaction
QOL	quality of life
RNA	ribonucleic acid
RT-PCR	reverse transcription polymerase chain reaction
TLC	thin-layer chromatography
tRNA	transfer RNA
UV	ultraviolet
WHO	World Health Organization

Units

The following units should be used:

length	m, cm, mm, μm , nm, \AA
mass	kg, g, mg, μg , ng, pg, mol, mmol, μmol

volume	L, mL, μ L
time	s, min, h, d
temperature	$^{\circ}$ C, K
radiation	Bq, dpm, Gy, Sv
concentration	M, mM, mol/L, mmol/L, mg/mL, μ g/mL, %, % (v/v), % (w/v), ppm, ppb

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Authors should carefully read the journal policies below, as submission to *Biological and Pharmaceutical Bulletin* implies that all authors have read and approved these policies.

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Revised manuscripts must be re-submitted no later than two months from the date of notification of manuscript revision by the Handling Editor. Manuscripts that are not re-submitted within two months may be rejected and have to be re-submitted as new manuscripts (which invokes a further submission fee). Authors should contact the journal if they are unable to re-submit within the required deadline.

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