

Journal of Rural Medicine (JRM)

Instructions for Authors

(Revised December 1, 2017)

Aims and Scope

Journal of Rural Medicine (JRM) is the official organ of the Japanese Association of Rural Medicine (JARM) and the International Association of Rural Health and Medicine (IARM), formerly named the International Association of Agricultural Medicine and Rural Health (IAAMRH), that seeks to publish original and practical contributions and review articles on agricultural medicine, rural health care, and clinical investigations in rural and related areas. Manuscripts for publication and all correspondence should be addressed to:

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First author must be a member of the Japanese Association of Rural Medicine (JARM) or the International Association of Rural Health and Medicine (IARM). Submission of a paper to *Journal of Rural Medicine (JRM)* is understood to imply that it has not previously been published and that it is not being published elsewhere. Copies of materials that might be considered as prior or duplicate publication should be submitted with the manuscript, and the editorial committee reviews them. Submitted manuscripts should be accompanied by a statement undersigned by all listed authors that they concur with the submission. (Format for Affirmation of Originality and Assignment of Copyright is attached at the end of this Instructions for Authors). If accepted, the manuscript shall not be published elsewhere in the same form in either the same or any other language, without the consent of JARM or IARM.

All submitted manuscripts are reviewed by the specialists. The Editorial Committee reserves the right to require revisions of the manuscripts according to the reviewers' comments and to make the final decision on acceptance of the manuscripts.

The instruction is prepared in accordance with "Uniform Requirements for Manuscripts Submitted to Biomedical Journals" (see *Annals of Internal Medicine* 1988; 108: 258–265). The details of the instructions are described in <http://www.toukougitei.net/i4aURM7.html>.

Informed Consent, and Ethics of Experimentation

Human studies should be conducted in accordance with the principles of the Declaration of Helsinki (1964, revised 1975 and 1983). Authors reporting experimental studies on humans must specify that the research received prior approval by the appropriate institutional review body and that informed consent was obtained from each subject or patient.

Manuscripts describing investigations in animals must clearly indicate the steps taken to eliminate pain and suffering. Approval by the appropriate animal experimentation committee should be indicated. Authors have a duty to protect their subjects, animal or human, and to show clearly in their writing a recognition of the moral issues involved.

Clinical Trials Registry and CONSORT Statement

When submitting papers related to clinical trials, such clinical trial information must have been publicly registered, before the trial start, at a clinical trial registration system, such as University hospital Medical Information Network - Clinical Trials Registry (UMIN-CTR) in Japan <http://www.umin.ac.jp/ctr/new-registration.htm> or the Japan Medical Association, Center for Clinical Trials (JMA-CCT) - Clinical Trial Registration. <http://www.jmacct.med.or.jp/>

Randomized controlled trial (RCT) papers shall confirm to the revised CONSORT Statement. The CONSORT Statement: Revised Recommendations for Improving the Quality of Reports of Parallel-Group Randomized Trials. JAMA 2001; 285, 15: 1987–1991. Please access the Web Address mentioned below. <http://www.consort-statement.org/>

Conflict of Interest Disclosure

Authors must include in the self-reported potential conflict of interest disclosure statement (Type2-B attached in this Instructions for Authors) accompanying the article submitted for review a full disclosure of all conflicts of interest and commercial relationships including grants, honoraria, speaker's lists, significant ownership, and/or support from pharmaceutical or other companies such as manufactures of equipment, diagnostic or other laboratories whose products are directly or indirectly involved or affected by the article.

Manuscript Form

All manuscripts must be written in English. *Journal of Rural Medicine (JRM)* will consider for publication papers in the following categories: (1) Review, (2) Original article, (3) Field report, (4) Case report, and (5) Letters to the Editor.

Manuscripts must be submitted by mail or e-mail. By mail, manuscripts must be sent in one original and two copies, including tables and figures. By e-mail, main text with References in Word, tables in Word or Excel, and figures in Word, PowerPoint, JPEG, or Tiff must be sent to the editorial office (e-mail: jrm@ipecc-pub.co.jp).

Arrange the manuscript in the following order: (1) title page, (2) abstract, (3) text, (4) references, (5) figure legends, (6) tables, (7) figures. Number all pages in sequence, beginning with the title page as 1, abstract as 2, etc.

Type all matter; (1) on standard-sized (A4) white typewriter paper, (2) on one side of each sheet only, (3) double-spaced, (4) with wide margins of at least 2.5 cm on all four sides.

Language Polishing

Authors in Japan and Asian countries please note: Authors who are unsure of correct English usage should have their manuscript checked by someone proficient in the language. Manuscripts in which the English is difficult to understand may be returned to the author for revision before scientific review.

For authors who require information about language editing and copyediting services before submission, the editorial committee will provide authors with a list of people or company who can check and improve the English of their paper. Please contact the editorial office of *JRM* in IPEC mentioned above. The authors will be charged for editing their manuscripts.

Units of Measurement

All measurements must be expressed in metric system and/or the System International d'Unites (SI).

Title Page

The title page should contain the title, the full names of the authors, corresponding author, the street address of the authors' academic affiliations, and the mailing address for the proofs. Authors should indicate the subtype of papers (Review, Original article, Field report, Case report, and Letters to the Editor) in the upper left corner of the title page. A fax number, telephone number, and e-mail address should also be included.

Abstract

The abstract should be comprehensible without reference to the text, and the use of abbreviations should be avoided whenever possible. Abstract for original articles are limited to 300 words, and those for other papers to 200 words. Abstract should be structured according to the following format: Objective, Patient/Materials and Methods, Results, and Conclusion.

Key words

Three to five key words should be listed below the abstract. Authors are encouraged to choose appropriate key words for concise description of the content of the paper.

Text

The text should be divided into the following sections: (1) Introduction, (2) Patients and Methods, or Materials and Methods, (3) Results, (4) Discussion, (5) Conclusion, (6) Acknowledgments. The sections should describe; (1) the problem being addressed and the purpose of the study with reference to previous findings, (2) materials and methods used in the study in concise yet sufficient detail to allow the study to be replicated, and the method of statistical analysis should be indicated, (3) main findings obtained, (4) conclusions drawn from the findings and implications for further research and clinical application with a review of relevant published literature and other evidence, (5) final conclusion of the study.

References

Number references consecutively in the order cited in the text, not alphabetically. The accuracy of reference data is the authors' responsibility. Provide inclusive page numbers for all journal references and book chapters, and the specific page numbers for book references. Indicate all abstracts as "(Abstract)". Use abbreviations for the names of all journals listed in Index Medicus. For those not listed, spell out the full name of English language journals. When the main text is not in English, use the original language name of the journal and include "(in language)" after the date. If the official English translation of the journal is printed on the cover, include the English name in parentheses after the original name. If only the abstract is in English, include "(Abstract in English)". For periodicals, follow Index Medicus, listing all authors up to three, and when four or more, list only first three followed by "et al". Please note that no periods are used after authors' initials.

Sample references are as follows:

1. Bondi M, Kaszniak A. Implicit and explicit memory in Alzheimer's disease and Parkinson's disease. *J Clin Exp Neuropsychol* 1991; 13: 339–358.
2. Hashimoto R, Hasegawa S, Maki T, *et al.* Compulsive manipulation of tools in the left hand following damage to the right medial frontal lobe. *Rinshou Shinkeigaku (Clin Neurol)* 1998; 30: 56–80 (in Japanese, Abstract in English).
3. Wakatsuki T. The history and future of agricultural medicine. *Nihon Nousei Igakukai Zasshi (JJRM)* 1981; 30: 56–80 (in Japanese, Abstract in English).
4. Swash M, Schwartz MS. Neuromuscular disease. A Practical Approach to Diagnosis and Management. 3rd ed. Springer-Verlag, London, 1997; 89–120.
5. Wetzler M, Bloomfield CD. Acute and chronic myeloid leukemias. In: Harrison's Principles of Internal Medicine. 14th ed. Fauci AS, Braunwald E, Isselbacher KJ, *et al.*, Eds. McGraw-Hill, New York, 1998; 684–695.

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Tables should be cited in the text. Each table should be given a number and a brief informative title and should appear on a separate page. Explain in footnotes all abbreviations used. Vertical lines should not be used in tables, but least horizontal lines can be used.

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Figures should be cited in the text and should be numbered sequentially with Arabic numerals. A brief descriptive legend should be provided for each figure on a separate sheet. The figure number and the title of the figure should be indicated lightly in soft pencil on the back of each figure. Crop photomicrographs to show only essential field. Photographs of identifiable persons must be accompanied by a signed release giving consent. If illustrations from previous articles or books are to be used in papers submitted to *JRM*, the written permission of both author and publisher must accompany each illustration.

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