

Instructions for Authors

Toho Journal of Medicine

(Revised September 1st, 2020)

I. Aim and Scope

Toho Journal of Medicine (“the Journal”) is an official, English-language, peer-reviewed journal, issued quarterly by the Medical Society of Toho University. The Journal publishes a variety of papers in the form of review articles, original research articles, short communications, case reports, data, or reports. It is the policy of the Journal to provide health professionals with texts and knowledge that are considered essential in the field of basic and clinical research in medical science.

II. Manuscript Preparation

I. Manuscript Types

- **Review articles:** Provide a broad and comprehensive overview on a specific field or topic in the medical science.
- **Original research articles:** Present detailed studies of original research and its new findings.
- **Short communications:** A brief and concise report for preliminary, but novel, research findings.
- **Case reports:** Reports rare medical or clinical cases that have significant educational information for diagnosis and treatment.
- **Data:** Reports the detailed analyses or new scientific findings from collected data related to medical science.
- **Reports:** Include a result of study that does not neces-

sarily include the new findings yet still educationally valuable information.

2. General Instructions

All articles should be typed in a normal-width English font, double-spaced throughout, and have margins of sufficient width. There should be only a single space between words, after semicolons, periods and colons.

Articles submitted by non-native English speakers will not be considered for publication unless they have undergone final editing and correction by an editor specialized in medical English. Non-native authors should indicate the name and contact information of the English editor they have engaged for this purpose, and, if possible, the manuscript should be accompanied upon submission by a Certificate of Editing signed by the editor. If the quality of the English in the manuscript is deemed inadequate, the manuscript will be returned to the author(s) for correction and resubmission.

This guideline is based in part on “Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly work in Medical Journals” as published by the International Committee of Medical Journal Editors (ICMJE). For any information that is not mentioned in these guidelines, authors should refer to the ICMJE Recommendations, which are available at www.icmje.org.

| Article Types | Abstract (Word Limit) | Headings (Word Limit*) | Figures/Tables** | References*** |
|----------------------------|--|---|------------------|---------------|
| Review articles | Unstructured (250) | — (6,000) | ≤8 | ≤100 |
| Original research articles | Introduction, Methods, Results, Conclusions (250) | Introduction, Methods, Results, Discussion (6,000) | ≤8 | ≤40 |
| Short communications | Unstructured (150) | — (1,500) | ≤2 | ≤15 |
| Case reports | Unstructured (150) | — (3,000) | ≤8 | ≤15 |
| Data | Unstructured (150) | — (3,000) | ≤8 | ≤15 |
| Report | Unstructured (150) | — (3,000) | ≤8 | ≤15 |

*Word Limit: applicable only to the main text (abstract, bibliography, reference list and words used in tables and figures are not included in the word count).

**Figures/Tables: the total number of figures and tables allowed for the specific manuscript type.

***References: the total number of citations allowed for the specific manuscript type.

3. Manuscript Formatting

The items described in sections below should each be prepared on separate pages for submission:

3-1. Title page

The following information should be included on the first page.

- **Article title:** should clearly and concisely reflect the content of the manuscript. This should be no more than 20 words. Avoid abbreviations in the article title.
- **Author name(s) and affiliation(s):** should be spelled out in full without using initials or abbreviations.
- **Running title:** will appear at the top of each odd-numbered page in the Journal. This should be no more than five words.
- **Corresponding author's name, affiliation, telephone number, and e-mail address**

3-2. Abstract

A structured or unstructured abstract should summarize the content and conclusions of the paper. For original research articles, structured abstracts with no more than 250 words should be organized under the headings Introduction, Methods, Results, and Conclusions. The abstract should clearly state, in the following order, the study background, the methods used, a clear statement of the main findings, and conclusions reasonably based on the results. The structured abstract is not mandatory for other types of papers except original research articles. Abbreviations in the abstract must be defined on first use. Keywords (5 or fewer) should appear below the Abstract. Reports of clinical trials must include the registration number and name of the registration database in the abstract. See further information on clinical trials below.

3-3. Main Text

The main text of the manuscript for original research articles should be separated into the following sections: Introduction, Methods, Results, and Discussion. Each heading should be clearly noted at the beginning of the respective section.

Structure of the section headings (Original research articles only):

- **Introduction:** should be a brief introduction of the contents. No subheading is required.
- **Methods:** should provide essential information and a clear description of the experimental procedures related to the conduct of the study presented in the manuscript. Use subheadings to separate different

methodologies. A statistical subsection should be included at the end of the Methods section, describing all statistical procedures used in the research in detail. Define *p*-values for reporting a statistical significance in the Methods section, figure and table captions (e.g. $p < 0.05$; $**p < 0.01$; $***p < 0.001$; $****p < 0.0001$) that correspond to the number of asterisks (e.g. *, **, ***, ****) shown in figures and tables. The journal recommends using “*p*-value” with hyphen and italicized “*p*” in lower-case. An example: “Statistical significance was determined by the unpaired two-tailed Student’s *t* test. $*p < 0.05$; $**p < 0.01$; $***p < 0.001$; ns, not significant.”

- **Results:** should state what results of experimental studies and clinical research were found in your study. Use subheadings to separate the results of different experiments.
- **Discussion:** should include analysis and interpretation of the results and the findings of the study and discuss the importance or limitations of the study. No subheading is required.
- **Limitations of the study:** should identify and acknowledge the limitations of the study, including flaws, shortcomings, or any questions that your study was not able to answer. No subheading is required. This section can be added as a subsection within the Discussion section.
- **Conclusion:** should summarize the main points of the whole study. No subheading is required. This section can be added as a subsection within the Discussion section.

3-4. Abbreviations

Define abbreviations at their first appearance in the abstract, in the main body of text, and also in tables and figure legends. Do not include abbreviations in the article title. Common statistical abbreviations, e.g., *p*, SD and SE, require no accompanying explanation.

3-5. Disclosures

Authors must include the following disclosure statements in relation to the submitted manuscript.

The following information should be added at the end of the main text before the Reference section:

- **Acknowledgement/Funding Source:** should state recognition to all contributors for their assistance and any financial support or sponsorship in the development of the research and manuscript. An example: We thank Y. Kojima for technical assistance. This work was supported in part by Grants-in-Aid for Scientific Research (C) 17K15626 (to TN) from the Japan Society for the

Promotion of Science (JSPS), Japan.

- **Authors' contribution:** should define the individual contributions each author made to the development of the manuscript. An example: W.T., T.N., and H.N. designed the study; W.T., T.N., M.K., and H.N. performed the experiments and analyzed the data; Y.D. and H.Y. provided critical reagents; T.M. and C.N. supervised the experiments; W.T., T.N., and H.N. wrote the manuscript.
- **Ethics statement:** requires every research article on human subject or reporting from animal testing to include a statement that the study obtained ethics approval. Examples: "The studies involving human participants were reviewed and approved by [Full name and affiliation of ethics committee and approved number(s)]."; "The patients/participants provided their written informed consent to participate in this study"; or "The animal study was reviewed and approved by [Full name and affiliation of ethics committee and approved number(s)]".
- **Conflict of Interest (COI) statement:** must provide a statement whether potential COI exists for each author. Examples: "A (author name) received honoraria from Z (entity name); B holds an advisory role in Y; C is an employee of Company X." or "The authors declare there are no relevant conflict of interest."

3-6. References

References should be limited to work that has an important relationship to the manuscript content and should appear at the end of the manuscript, in the order in which they are first referred to in the main text. References should be indicated in the main text by using numbers in parentheses. When two or more such citation numbers appear together, they should appear in the form (1-5) or (1, 3, 5), as applicable. All reference titles should be shown exactly as they appear in the original, with no abbreviations, unless such abbreviations or symbols appear in the original title. When a reference has seven or more authors, the first six authors should be named, followed by "et al." Journal names should be abbreviated in the standard form as they appear in the NLM catalog. If you are uncertain, please use the full journal name.

Sample references:

- 1) Krug I, Penelo E, Fernandez-Aranda F, Anderluh M, Bellodi L, Cellini E, et al. Low social interactions in eating disorder patients in childhood and adulthood: a multi-centre European case control study. *J Health*

Psychol. 2013; 18: 26-37.

- 2) Culotta VC, Gitlin JD. Disorders of copper transport. In: Scriver CR, Beaudet AL, Sly WS, Valle D, Childs B, Kinzler KW, et al. editors. *The Metabolic and Molecular Bases of Inherited Disease*. 8th ed. New York: McGraw-Hill; 2001. p. 3105-26.
- 3) Culotta VC, Gitlin JD. Disorders of copper transport. In: Scriver CR, Beaudet AL, Sly WS, Valle D, Childs B, Kinzler KW, et al. editors. *The Metabolic and Molecular Bases of Inherited Disease*. 8th ed. New York: McGraw Hill; 2001. p. 3105-26

When in doubt, please refer to the International Committee of Medical Journal Editors (ICMJE) Recommendations for the Conduct, Reporting, Editing and Publication of Scholarly Work in Medical Journals (http://www.nlm.nih.gov/bsd/uniform_requirements.html)

For authors using EndNote, you can use the output style below for in-text citations and reference list. Toho_EndNote_Style.zip

3-7. Tables and Figures

Tables, figures, and photographs should be submitted on individual pages, in the order they are to appear in the text, and numbered accordingly. Abbreviations in tables should be defined in the legend below the relevant table (e.g., "TAI: transcatheter arterial infusion"), except when the abbreviation is in common use (e.g., MRI, CT). Common statistical abbreviations, e.g., SD and SE, also require no accompanying explanation. Footnote symbols: †, ‡, §, ¶, should be used and *, **, *** should be reserved for *p*-values. If the submitted manuscript includes color figure or table files, please clearly indicate if they should be printed in color or black-and-white.

If any copyrighted or previously published materials, edited or otherwise, are used in the manuscript, it is the author's responsibility to obtain permission from the copyright owner(s) prior to submitting the manuscript. Also, the authors must cite the source and indicate the permission to use such materials in the corresponding Figure or Table caption, as required by the copyright owner(s). The authors must upload the pdf version of the written permission from the copyright holder to the online manuscript submission system with the manuscript files.

- **Tables:** Each table should have a short title above it and a legend below, when necessary. Tables should contain no vertical or diagonal lines. Horizontal lines should be used to clearly that indicate the top and bottom of the

table. Units such as percentages (%) should be indicated in parentheses in the table headings, when possible.

- **Figures and photographs:** Each figure and photograph should be submitted on a separate page, and all figure legends, in English, should be included together on a separate page in the manuscript. The resolution of all images should be at least 300 dpi, and data files should be submitted as TIFF, JPG or EPS files. Figures submitted as PowerPoint files are not acceptable. Tissue cell photographs should clearly specify the stain and magnification used.

For sample manuscripts, please access the Instructions for Authors at the Journal's official website (<https://tms.med.toho-u.ac.jp/web/index.html>).

III. Clinical Trials

In accordance with ICMJE's policy on trial registration, all clinical trials must be registered with a public trials registry before the time of first patient enrollment. ICMJE defines clinical trials as any research project that prospectively assigns people or a group of people to an intervention, with or without concurrent comparison or control groups, to study the cause-and-effect relationship between a health-related intervention *and* a health outcome. Health-related interventions includes but are not limited to those used to modify a biomedical or health-related outcome; examples include drugs, surgical procedures, devices, behavioral treatments, educational programs, dietary interventions, quality improvement interventions, and process-of-care changes.

The Journal requires all clinical trials to be registered with databases that are accessible to the public at no charge, open to all prospective registrants, managed by a not-for-profit organization, have a mechanism to ensure the validity of the registration data, and are electronically searchable.

Submitted manuscripts must include the unique registration number in the abstract as evidence of registration. The name of the registration database must also be provided. For details regarding the required minimal registration data set, please go to the International Committee of Medical Journal Editors' (ICMJE) website.

The Journal accepts registration from the following list of registries as well as others listed at <http://www.icmje.org>:

- Clinical Trials (<http://www.clinicaltrials.gov/>)

- Australian New Zealand Clinical Trials Registry (<http://www.anzctr.org.au/>)
- ISRCTN Register (<http://isrctn.org>)
- Netherlands Trial Register (<http://www.trialregister.nl/trialreg/index.asp>)
- UMIN Clinical Trials Registry (<http://www.umin.ac.jp/ctr>)

In reporting randomized clinical trials, authors must comply with published CONSORT guidelines (<http://www.consort-statement.org/>). The recommended checklist must be completed and provided to the Journal at the time of manuscript submission as requested. The recommended trial flow diagram should be presented as a figure when it is deemed necessary.

Reporting Guidelines

Various reporting guidelines have been developed for different study designs. Authors are encouraged to follow published standard reporting guidelines for the study discipline.

- CONSORT for randomized clinical trials (<http://www.consort-statement.org/>)
- CARE for case reports (<http://care-statement.org/>)
- STROBE for observational studies (<http://strobe-statement.org/>)
- PRISMA for systematic reviews and meta-analyses (<http://prisma-statement.org/>)
- STARD for studies of diagnostic accuracy (<http://www.stard-statement.org/>)

Please access <http://www.equator-network.org/> to find the guideline that is appropriate for your study.

It is extremely important when you complete any Reporting Guideline checklist that you consider amending your manuscript to ensure your article addresses all relevant reporting criteria issues delineated in the relevant reporting checklist prior to submission. The purpose of a reporting guideline is to guide you in improving the reporting standard of your manuscript. The objective is not to solely complete the reporting checklist, but to use the checklist itself in the writing of your manuscript. Taking the time to ensure your manuscript meets these basic reporting needs will greatly improve your manuscript, while also potentially enhancing its chances for eventual publication.

Data Sharing

The Journal encourages the authors of manuscript which

includes clinical trials to share their de-identified research data including, but not limited to raw data, processed data, software, algorithms, protocols, methods, materials, study protocol, statistical analysis plan, informed consent form, clinical study report, analytic code.

As required by ICMJE, all manuscripts that report the results of clinical trial must include a data sharing statement with a link to the trial registration. The statement should include the following information:

- Available types of data,
- Available documents (study protocol, statistical analysis plan, informed consent form, clinical study report, or analytic code)
- Available dates
- With whom the data are available.
- Types of analyses the authors are willing to share the data
- Method of requesting the data.

The statement is published alongside their paper.

IV. Manuscript Submission

Submit manuscript electronically via ScholarOne system (<https://mc.manuscriptcentral.com/tohojmed>) in the following order: Title page, Main Text, Tables, and Figures (≥ 300 dpi). The total size of the uploaded files should be within 100 MB. Authors are required to upload COI Declaration Form (Form 1) and Contract (Form 2). The manuscripts that do not adhere to the instructions will be returned to the corresponding author without review.

V. Peer Review Process

I. General Process

Peer review is an important process of evaluation for any manuscript submitted to the Journal. All submitted manuscripts will be initially reviewed by the Editor-in-Chief of the Journal to evaluate eligibility for publication. Then, the editors will assess the importance and originality of the research, suitability and interest to the readership of the Journal, and the quality of the manuscript. Any manuscripts that satisfy our screening criteria will generally be sent to two experts in the field of study for peer review, and to the statistical reviewer if necessary. If the two reviewers disagree as to whether the submission merits publication, a third reviewer will be appointed by the Journal's editorial committee to arbitrate. The names of reviewers will not be revealed.

The editors of the Journal make all decisions on the man-

uscript publication, which include acceptance, major or minor revisions, and rejection. The decision letters along with the comments by the editors and reviewers will be sent to the corresponding author by e-mail.

In accordance with Committee on Publication Ethics' Ethical Guidelines for Peer Reviewers, reviewers are not allowed to contact the authors directly before, during, or after the reviewing process to discuss any information that is presented in the manuscript. Reviewers must keep the manuscripts and information obtained strictly confidential and must not publicly discuss or disclose the contents and any other information of the manuscript to the third party. The guidelines for reviewers are available here.

2. Revised Manuscripts

Manuscripts that receive a minor or major revision, authors should submit the revised manuscript within two (2) months from the date that the decision letter has been sent. When submitting a revised manuscript authors must include a detailed point-by-point response to the comments by the editors and the reviewers. In the revised manuscript file, authors are required to highlight, or underline in red, all parts that are revised. All authors must approve every revision, correction and amendment prior to re-submission of the revised manuscript.

3. Editors and Journal Staff as Authors

Manuscripts submitted by editors, editorial board members, or our journal staff will follow the same process as outlined above. However, they are excluded from any editorial decision process of their own manuscript and have neither access to that manuscript nor any information about the review process other than what is provided in the editor's decision letter. The editorial office will assign the paper to an editor who is not an author on the paper nor has any conflict of interest with the authors. The manuscript submitted by the Journal's editors, editorial board, and staff should include a statement which declares their personal conflict of interest.

VI. Proofreading and Publication

After the acceptance of a manuscript for publication the copy-edited version of the manuscript will be sent to the corresponding author, which authors are required to correct the manuscript according to the copy-editor's instruction and returned to the Editorial Office at their

earliest convenience. Once the copy-editing is completed, the Editorial Office will send the proof to the corresponding author for corrections of minor errors such as spelling errors and omitted characters or letters. Authors must be aware that any other corrections and revisions at this stage are not permitted unless requested by the Editorial Committee of the Journal. Upon completion of the proofing authors are expected to return the revised proof to the Editorial Office at their earliest convenience for timely publication.

After publication, further changes, or corrections, can only be made in the form of an Erratum which will be hyperlinked to the original article.

VII. Editorial Policy and Publication Ethics

The Journal supports and adheres to the guidelines and best practices including Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals (<http://www.icmje.org/icmje-recommendations.pdf>) by the International Committee of Medical Journals Editors (ICMJE) and the Principles of Transparency and Best Practice in Scholarly Publishing (a joint statement by the Committee on Publication Ethics (COPE), the Directory of Open Access Journals (DOAJ), the World Association for Medical Editors (WAME) and the Open Access Scholarly Publishers Association (OASPA); (<http://doaj.org/bestpractice>).

Authorship

All authors listed in the manuscript must meet the following criteria of contribution described by ICMJE in the Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly work in Medical Journals.

- Substantial contributions to the conception or design of the research or the acquisition and analysis of data.
- Drafting the work or revising it critically for important intellectual content
- Final approval of the version to be published
- Agreement to be accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

The corresponding author must ensure that a manuscript is read and approved by all authors prior to submission. Contributors who do not meet the criteria above should not be listed as authors. Guest or honorary authorship is not permitted.

Those who do not qualify for an authorship may be acknowledged individually or together as a group under a single heading with “Acknowledgements”. Examples of activities that do not qualify for authorship are acquisition of funding, general supervision of a research group, or general administrative support and writing assistance, language editing, and proofreading.

Authors should discuss, determine and (if they exist) settle any disagreements about the order of authorship before submitting their manuscript. Any changes such as order, addition, and deletion of authors, between the initial manuscript submission and the final decision, should be discussed and approved by all authors. Any request for such changes must be agreed by all authors.

Adding, deleting, or changing the author names and their order is not permitted after the acceptance of the manuscript for publication.

Exclusive Submission

Articles that have been previously published or are being considered for publication in another journal in any language will not be considered for publication.

Conflict of Interest and Source of Funding

Authors must explicitly state whether potential conflicts of interest (COI) exist or not. Any possible COI related to the study presented in the manuscript must be disclosed on the title page under the heading “Conflicts of Interest” using the following examples for each author:

“A (author name) received honoraria from Z (entity name); B holds an advisory role in Y; C is an employee of Company X.”

If a manuscript is accepted for publication, the disclosures will be published as they appear in this section. When there are no COIs, the authors should state “The authors declare that there are no relevant conflict of interest” in the main text of the manuscript. The COI Statement (Form 1) form must be signed by all the authors and uploaded with your manuscript.

If authors received financial support for research or writing of the manuscript, or sponsorship or assistance in the form of monetary contributions, equipment, pharmaceuticals, cell lines, or other types of contribution, such assistance should be clearly described in the Acknowledgments section, together with the name of the organization from which the contribution was received. You must ensure that the full, correct, details of your

funder(s) and any relevant grant numbers are included. Reviewers should disclose to the editor who invited them to review the manuscript their own conflicts of interest as soon as they realize they may not be able to provide an impartial review. We recommend they follow the information provided by COPE here.

An editor who realizes a conflict of interest with a manuscript or person involved in the peer review process must recuse himself/herself from further handling of that manuscript/relationship and ask the editorial office to reassign the paper to another editor or ask another editor to arbitrate the relationship in question.

Research Ethics

- Clinical research included in articles, which report on human subjects or materials of human origin, must comply with the provisions of the Declaration of Helsinki, and it must be mentioned that the study has been approved by the relevant institutional or national review board (IRB). If no approval from any IRB was required, that must be explicitly stated in the manuscript. Those researchers who do not have institutional or national ethics review committees should follow the principles outlined in the Declaration of Helsinki.
- Any studies involving human subjects must clearly indicate that written consent has been obtained from all patients and relevant persons (such as the parent or legal guardian) to publish the information, including photographs.
- Any data or information such as patient names, initials, hospital patient identification codes (patient IDs), specific dates, or any other information that may identify patients must not be presented anywhere in the manuscript, including the Figures and Tables. All pictures should focus on the affected areas only.
- Articles reporting on data from animal testing must indicate in the manuscript the approval of the testing design by the affiliated institution's Animal Care and Use Committee, without mentioning the name of the institution, instead using the phrase "our affiliated institution."
- Authors of articles reporting on new DNA sequences must furnish those data to the Gene Bank and include the accession number in the article.

Misconducts and Breach of Publication Ethics

The Journal follows the recommended procedures out-

lined by COPE International Standards for responsible research publication for authors and editors when dealing with allegations of misconduct. Please see here for the information.

VIII. Fees

Submission fees

All submissions to the Journal by the non-members of the Medical Society of Toho University must be accompanied by a submission fee of 10,000 Japanese yen. No submission fee is required, if the corresponding author of the submission is a member of the Medical Society of Toho University.

Publication fees

Authors are charged post-acceptance publication fees which include, but not limited to, page/color-independent fees and copy-editing fees at the time of publication of your paper. Offprints can be ordered upon production of your manuscript. For more information about the fees, please see here.

IX. Publication Date

The Journal is published quarterly (March, June, October, December), and the editorial committee will be solely responsible for all decisions regarding submission selection or rejection, order of appearance, and presentation style in any given issue, and other editorial decisions, as applicable. The guiding principles governing publication order include (but are not limited to) submission type and submission date.

X. Copyright

- By submitting a manuscript or other written material for publication in the Journal, the authors thereby agree to transfer all copyrights and other content ownership rights to the Medical Society of Toho University, which will then retain them in lieu of the author (s) (Form 2). Written approval must first be received from the Medical Society of Toho University (Form 3) if any author of the submission later desires to present the research findings in any written form in another publication.
- Toho Journal of Medicine is an Open Access journal distributed under the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License (<https://creativecommons.org/licenses/by-nc->

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Inquiries/submissions

Toho Journal of Medicine Editorial Office
3-46-10, Nishigahara, Kita-ku, Tokyo, 114-0024, Japan
e-mail: tohojmed@kyorin.co.jp

COI Declaration for Manuscripts Submitted to the Toho Journal of Medicine

(All answers should pertain to the period one year before the submission date)

Declarant's Name

Affiliation

Position

Title of Submitted Manuscript

In the event that the manuscript itself does not describe author Conflict of Interest (COI), please describe, in all sections below, any companies or organizations you deal with or have dealt with, in order to ensure complete disclosure of any COI relevant to the submitted manuscript. In manuscripts with multiple authors, a separate COI Declaration form must be submitted by each author. (All questions below pertain to the period one year before the date of manuscript submission.)

| Question Relevant | Corresponding Situation | Details of Companies or Organizations |
|---|-----------------------------------|---------------------------------------|
| 1. Do you work for, or act as an advisor to, a company or for-profit organization (FPO)? (Provide details if you receive 1 million yen/year or more from the company or organization) | (You) Yes / No | |
| | (Your family member)* Yes / No | |
| 2. Do you own stocks or shares? (Provide details if you receive 1 million yen/year or more in stock-related income from any one company, or if you own 5% or more of any company's stocks or shares) | (You) Yes / No | |
| | (Your family member)* Yes / No | |
| 3. Do you receive income from any company or FPO for the use of intellectual property to which you hold the rights? (Provide details if you receive 1 million yen/year or more from such sources) | (You) Yes / No | |
| | (Your family member)* Yes / No | |
| 4. Do you receive, or have you received, payments for lectures given to any company or FPO, or in compensation for your time spent attending meetings or making presentations for them? (Provide details if you have received a total of 500,000 yen/year or more from any one company or FPO) | (You) Yes / No | |

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|--|---------------------------|--|
| <p>5. Have you received payment(s) for writing, or having your name used, in any pamphlet or publicity material of any company or FPO? (Provide details if you have received a total of 500,000 yen/year or more from any one company or FPO)</p> | <p>(You) Yes / No</p> | |
| <p>6. Have you received payments or research funds for contract research for, or joint research with, and company or FPO? (Provide details if you have received a total of 1 million yen/year or more from any company or FPO)</p> | <p>(You) Yes / No</p> | |
| <p>7. Have you received scholarships or other donations from any company or FPO? (Provide details if you have received a total of 1 million yen/year or more from any company or FPO)</p> | <p>(You) Yes / No</p> | |
| <p>8. Are any of your courses financially supported by donations from any company or FPO? (Provide details of any course with which you are involved that is receiving such funding)</p> | <p>(You) Yes / No</p> | |
| <p>9. Have you received any gifts, or allowances for travel unrelated to your research, from any company or FPO? (Provide details if you have received a total of 50,000 yen/year in gifts or travel allowances or more from any company or FPO)</p> | <p>(You) Yes / No</p> | |

*“Family members” refers to your spouse and any members of your immediate family.

(This form will be kept on file for two years, after which it will be destroyed. It will not be shown without sufficient reason to anyone but members of the Editorial Committee of the Toho Journal of Medicine.)

Date: _____

Signature: _____

Date: _____

Contract

Attn: The Editorial Committee
Toho Journal of Medicine

Manuscript Title:

We, the undersigned, hereby affirm that:

1. neither the above article nor its content has been previously published in any other journal than the Toho Journal of Medicine (hereafter “the Journal”); nor is it presently in submission or review at any other journal;
2. all research involving human subjects has been conducted strictly in accordance with the Helsinki Declaration, and any animal subjects involved received ethical treatment according to the respective facility guidelines, based on regulations governing such treatment (if ethics committee approval was received, the approval number should be provided);
3. all research involving human subjects has given careful consideration to protecting all personally identifying information and has not included such information in the manuscript; and
4. all possible conflicts of interest—including (but not limited to) professional relationships involving payments received from any person, company, or organization—which could have potentially influenced the research methods, results, or presentation of these results, have been openly declared on the accompanying form.

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Author signatures (personal signatures of all manuscript authors)

Principal authors

Co-authors

Copyright Ownership Information

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The copyrights retained by the Society extend principally to the following:

1. all reproduction rights (all rights related to printed or mechanical copying, and all other general publication rights);
2. all translation rights;
3. all adaptation rights (including but not limited to rights to summaries and edited versions of the Journal’s published articles); and
4. the right to permit third parties to reproduce, adapt, or quote articles published in the Journal for commercial purposes.

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