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Clinical, epidemiological, and human genome-related studies involving human subjects must comply with ethical guidelines such as the Declaration of Helsinki and must be conducted with approval from the ethics review board of the affiliated institution. Animal experiments and genetic recombination experiments must also be conducted with approval from the animal experimentation committee or recombinant DNA safety committee of the affiliated institution.

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Manuscripts may fall into one of the following categories: original articles, reviews, case reports, information, or others. In addition, articles that are invited by the Editorial Board could be published. Systematic reviews and scoping reviews prepared in accordance with PRISMA are considered original articles.

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Articles should be prepared in Microsoft Word format (.doc, .docx), with font size 12, double space in A4 pages with a margin of 27 mm on all sides. Abbreviations may be used after they are written out in full on first use. Insert continuous page number and line numbers from the Abstract to the References (not required for references, figures and tables).

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Title page, abstract, main text, references, figure and table legends, figures and tables.

- 1) **Title Page:** Title (max. 120 characters with no abbreviations), running title (max. of 50 characters), authors (full names, institutional affiliations and address), correspondence (name, address, e-mail address and phone and fax numbers), number of tables and figures.
- 2) **Abstract:** Original articles and Information should have structured abstracts (Background & Aims, Methods, Results, and Conclusions); this style is not necessary for case reports. Provide up to 5 keywords in alphabetical order.
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Describe the ethical guidelines followed (for both human and animal studies) and cite the approvals of the institutional human research review committee or animal welfare committee. Outline the statistical methods used.

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- 4) **References:** Cite references in order of appearance in text using superscript Arabic numbers. Journal name abbreviations should be those used in *Index Medicus*. For references with more than three authors, list the first three authors followed by "et al." Do not abbreviate titles or subtitles.

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Journals

2. Suzuki K, Nakazato H, Saito Y, et al. Solitary polyarteritis nodosa of the epididymis associated with seminoma. *Rinsho Hinyokika (Clinical Urology)* 1994; 48: 515-519.
3. Hinton RC, Mohr JP, Ackerman RH, et al. Symptomatic middle cerebral artery stenosis. *Ann Neurol* 1978; 5: 152-157.
4. Kawada T, Kubota F, Ohnishi N, et al. Youutsu jotai hyoka

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5. Katsura T, Nojiri M, Nakano M. A basic study on aging and stress: Stress appraisal in rural inhabitants of middle and advanced age. *Nippon Noson Igakkai Zasshi (J Japanese Association of Rural Medicine)* 1996; 45: 483-492 (Abstract in English).

Books

8. Shimada K (ed). *Kinrin Shakai no ningen kankei (Humanrelationship in neighborhood)*. Tokyo: Buren Shuppan, 1988 (in Japanese)
9. Brierly JB, Brown AW, Levy DE. Relationship between ischemic neuronal damage and edema in primate and rodent brain. In: Pappium HM, Feindel W (eds). *Dynamics of Brain Edema*. Heidelberg: Springer-Verlag, 1976: 254-261.
10. Day RA. *How to write and publish a scientific paper*. Philadelphia: Institute for Scientific Information, 1979.
11. Kaitin KI. Don't turn back the clock on drug regulatory reform. *Tufts CSDD Impact Reports* 5 (May/June 2003) <http://csdd.tufts.edu/documents/www/Doc.233.7247.826.pdf>
12. Katsuki S. Epidemiology of cerebrovascular diseases. In: Okinaka S, Kameyama M, eds. *All About Stroke*. Tokyo: Nankodo, 1971: 45-64.

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Figures, tables, and photographs should be placed one per page in the desired dimensions. Their captions should be compiled on a separate sheet. Only photographs that are clear and of high quality (minimum 350 dpi) will be accepted. Arrows or other annotations may be added for clarity. Digital files in TIFF (.tif) format are also welcome.

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