

## 日本運動生理学雑誌投稿規定 (欧文) (Guidelines for the submission of manuscripts)

1. The journal publishes original articles, reviews, short reviews, and short communications.
  2. Original articles involving human and animal research must contain statements confirming that all human and animal studies are approved by the appropriate ethics committee and conducted in accordance with ethical standards.
  3. The manuscript submitted should be complete in all respects. Manuscripts should contain original material that has not been previously published or is under consideration for publication elsewhere and should be written in English.
  4. The manuscript must be written in clear and fluent English. Manuscripts that do not meet the required language standards will be returned to the authors without further review. If English is not the authors' first language or if they are not confident that the scientific message of the article is unambiguous, they should seek assistance from a colleague fluent in English or use a professional translation or language-editing service before submission. Papers should be intelligible to a general reader of the journal and be as concise as possible while maintaining clarity.
  5. Manuscripts must be submitted in two formats: MS Word (.docx) and PDF (.pdf).
  6. If accepted, the manuscript must not be published elsewhere in the same form in either the same or another language without the consent of the editor.
  7. Manuscripts should be submitted with double-line spacing and include a reference list, footnotes, and figure legends. All pages should be numbered in consecutive order. The title page (page 1) should include the following information: (1) title; (2) name(s) of author(s) and their institutional affiliation(s); (3) number of tables and figures; (4) running head not exceeding 40 characters including spaces; and (5) name of corresponding author, including telephone number, fax number, and email address.
  8. The title should explicitly describe the content of the manuscript and be clear, concise, and directly descriptive of the study's focus. The authors are advised against using titles that are part of a numbered series (e.g., "Studies on...", Part 1").
  9. The text should be as brief as possible and organized under clearly defined headings, such as the abstract (300 words or fewer), keywords (five or fewer), introduction, materials and methods, results, discussion, and references. The manuscript must not exceed 7,000 words, including references, tables, and figure legends. Each figure or table will be counted as 200 words.
  10. Each table should be placed on a separate page and numbered consecutively (e.g., Table 1, Table 2) with a brief explanatory title. Explanatory titles for all figures should also be provided on separate pages, with figures numbered consecutively (e.g., Figure 1, Figure 2).
  11. All color figures should be provided in RGB color mode, with a resolution of 300 dpi or higher. The preferred formats are EPS, TIFF, and JPEG. The cost of color reproduction for color figures will be charged to the author.
  12. The locations for inserting figures and tables must be clearly specified in the main manuscript. The experimental results should be presented in duplicate in the text, tables, and figures.
  13. References should be limited to those directly relevant to the study. Typically, the number of references should not exceed 30. In the text, references should be cited in parentheses and arranged alphabetically according to the first author's last name.
  14. References should be listed in the reference list using the following style: reference number, names and initials of all authors, year of publication, full title of the article, name of the journal, volume number, and starting and ending page numbers. Citations of chapters contributed by authors to books should follow a format similar to that of journals. Two examples are given.
    - 1) Ross, J. S., Sager, O., & Ruf, H. (1937). Statistical analysis of the EMG from the point of view of amplitudes. *Journal of Neurophysiology*, 11(3), 232-236.
    - 2) Wells, C. E. (1960). Effect of exercise and coronary artery narrowing on coronary collateral circulation. In A. Bortz & K. Evang (Eds.), *Circulation Research* (Vol. 21B, pp. 210-230). Amsterdam, the Netherlands: Elsevier.
- A Japanese journal with an English abstract should have the phrase, "in Japanese with English abstract," added in parentheses at the end of a reference. An example is provided below:
- 1) Yamane, K., Takeda, A., & Nishiyama, K. (1961). Operant behavior during sleep. *Japanese Journal of EEG and EMG*, 13, 145-147. (In Japanese with English abstract).
- References should be listed alphabetically using the last name of the first author in the reference list. Authors are strongly encouraged to carefully examine each reference by directly confirming the original publications.
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