Journal of the Society of Allied Health Sciences

Submission and Author Guidelines

1. The principal objective of the Journal of the Society of Allied Health Sciences is to provide a platform to the authors for publishing research in areas related to health sciences.

2. The first author must be a member of the Society of Allied Health Sciences at time of submitting the paper. Only members who have paid the annual membership fee can submit the paper.

3. Manuscript categories
   - **Original article**: Novel and original articles that clearly present the conclusions.
   - **Short report**: Short reports that make concise statements in terms of quick announcements or brief reports of studies.
   - **Review**: Evaluation or commentary of a number of research reports on a specific theme.
   - **Field study**: Reports on investigation into the allied health sciences.
   - **Other report**: Other reports deemed appropriate for publication by the Editorial Board, such as letter to editor, clinical notes, case reports, and perspectives.

4. Regulation size of manuscripts

   4-1 Original article and Field study
   - The word count limit for Original Article and Field study are 6,000 words, excluding words in tables, table legends, figure legends, title page, acknowledgments, and references.
   - The article should contain no more than 40 references.
   - The article should contain no more than a combination of 8 tables and/or figures.

   4-2 Short report
   - The word count limit for Short report and Case report are 3,000 words, excluding words in tables, table legends, figure legends, title page, acknowledgments, and references.
   - The article should contain no more than 20 references.
   - The article should contain no more than a combination of 4 tables and/or figures.

   4-3 Review
   - The word count limit for Review is 6,000 words, excluding words in tables, table legends, figure legends, title page, acknowledgments, and references.
   - The article should contain no more than 60 references.
   - The article should contain no more than a combination of 8 tables and/or figures.

5. Paper acceptance and rejection will depend on the decision of the editorial board. Once a manuscript is received, it will undergo rigorous review by at least two peer reviewers. The final publication decision will be made by the editorial board.

6. Submitted manuscripts shall follow the submission format, which can be downloaded from the Society of Allied Health Sciences website. In word processing software, write horizontally from left to right, use Arabic numerals for numbers, and use SI units.

7. Figures and tables shall be submitted as digital data, and prepared at the size in which they will appear in print (including margins, height within 228 mm, width within 80 mm and 166 mm for single and double columns, respectively). They shall be in Tiff format or JPEG format. Each figure and table shall be submitted as a single file. Photographs shall have a resolution of 350 dpi or higher.

8. For non-native authors, ensure that the certificate of English language review has been included.

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9. References shall be kept to a minimum and listed in the order they are cited in the text. References will be abbreviated according to an official abbreviation method (Index Medicus, etc.). If a reference has four or more authors, list the first three authors, and represent the remaining authors as "et al."

9-1 Journal references

Author(s): Title. Journal name Volume: First page number–Last page number (according to PubMed if epub, etc.), Year of publication

1) Nomura T, Ishiguro T, Ohira M, et al.: Diabetic polyneuropathy is a risk factor for decline of lower extremity strength in patients with type 2 diabetes. J Diabetes Investig 9: 186-192, 2018
2) Nomura T, Kawae T, Kataoka H, et al.: Assessment of lower extremity muscle mass, muscle strength, and exercise therapy in elderly patients with diabetes mellitus. Environ Health Prev Med 23: 20, 2018
3) Nomura T: Resistance exercises for sarcopenia management and diabetes treatment. Practice 36: 337–339, 2019 [in Japanese]

9-2 Book references

Author(s): Name of reference. Chief editor (if book is written and edited): Book name, Page number, Publisher, Issuing location (if it is a foreign country), Year of publication

1) Nomura T: Physical therapy in diabetes treatment–Strategy and practice, Bunkodo, 2015 [in Japanese]
2) Nomura T: Evidence for physical activity and exercise (Eds: Morisawa T and Nomura T), Physical therapy for internal dysfunction learned by PDCA theory–Cardiovascular disease, endocrine metabolic disease, and kidney disease, pp. 122–124, Human Press, 2019 [in Japanese]

9-3 Electronic references

Author(s): Name of reference. URL where procured (Date of access)

1) Ministry of Health, Labour and Welfare: Monthly Survey on Long-term Care Payment. http://www.mhlw.go.jp/toukei/saikin/hw/kaigo/kyufu/2007/01.html (accessed April 1, 2020)

10. Conflicts of interest
- All authors must disclose any financial or personal relationships with other people or organizations that could inappropriately influence their work.
- Examples of potential conflicts of interest include employment, consultancies, stock ownership, honoraria, paid expert testimony, patent applications/registrations, and grants or other funding.
- In connection with conflicts of interest, the standards of the International Committee of Medical Journal Editors (ICMJE) must be complied with. http://www.icmje.org/conflicts-of-interest/

11. As a rule, author's alterations will be allowed only once.

12. Completed papers are to be sent to the email address provided for paper submissions.

13. The copyrights of papers published in this journal belong to the Society of Allied Health Sciences.

14. After a paper is accepted, a fixed amount of JPY 25,000 will be collected as publishing costs. Papers will be officially made publicly available after the publishing costs have been deposited.

Manuscript Submission / Contact:

All manuscripts and inquiries for the editors should be sent to the email address.

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[Required Documents]

1. Manuscript in the required format (mandatory)
2. Submission checklist (mandatory)
3. Conflict of Interest (COI) declaration form for all authors (mandatory)
4. Certificate of Language Editing (In the case of the non-native English-speaking author(s))
5. Case study explanation and consent form (if applicable)

These guidelines will be applicable from April 1, 2025.

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