

## Submission Guidelines

1. The first author of an article submitted to the “Journal of Health Psychology Research” must be a regular member of the Japanese Association of Health Psychology (JAHP). However, this condition does not apply to the joint authors. Furthermore, an author of a paper categorized as a “research paper,” does not have to be a regular member of JAHP (see below for a definition of a research paper).
2. Original empirical articles are defined as original studies on health psychology. Brief reports are defined as important findings in health psychology. Brief reports are defined as practical cases of health psychology. Review articles are defined as articles that review and make suggestions for future studies on health psychology. The editorial board reserves the right to make final decisions regarding the type of article. The maximum length of manuscripts should be as follows: original empirical articles: 12 printed pages (approximately 7,800 words), including main text, figures, tables, references, abstract, keywords, etc. Brief reports: 10 printed pages (approximately 6,500 words), including main text, figures, tables, references, English abstract, keywords, etc. Reviews: 18 printed pages (approximately 11,700 words). When the author is unable to comply, an excess page charge of 7,000 yen per page is applied for each page. However, this shall not apply in the cases in which the editorial board judges the extra pages as necessary. Furthermore, research papers are defined as the rapid disclosure of findings related to health psychology. The format and length, among others of research papers are identical to those of brief reports.
3. Original empirical articles and Reviews should generally include the following: Purpose, Methods, Results, Discussion, (Conclusion), and References.
4. All articles should include an abstract. The length of the abstract should be 100–175 words. It should also include five or less keywords.
5. In general, Arabic numerals should be used. Measurement units should be expressed in International System of Units.
6. Abbreviations are limited to those in common use. When necessary, describe the meaning at the first appearance of an abbreviation.
7. Tables and figures should be shown on separate pages and numbered in sequence, e.g. “Table 1,” “Figure 1.” Titles of tables should be shown above the tables, and those of figures and photographs should be shown below. Please refer to tables and figures in the main text by using the table, or figure numbers.
8. References should be listed in alphabetical order of the authors’ name. Please refer to the APA Publication Manual for details.
9. Notes should be indicated before the references, by attaching serial numbers. Corresponding numbers should be indicated in the main text.
10. Papers should be submitted as PDF files through the online submission system. Manuscripts should be A4 size. Use 11-point fonts. The total number of characters per page should be 800 (32 characters × 25 lines). Do not include names of authors, affiliated institutions, and acknowledgements in the PDF file, but enter such information in the entry column in the submission system. When accepted, authors should submit the final drafts of their manuscripts in electronic form. When authors use data storage devices, such as memory cards for making the submission, in general, these will not be returned.
11. Manuscripts should be written with sufficient ethical consideration, in accordance with the “Ethical Guidelines for Medical and Health Research Involving Human Subjects” (Ministry of Education, Culture, Sports, Science and Technology; MEXT and MHLW), and “Ethical Principles of Psychologists” (the Japanese Psychological Association).
12. At the end of the paper, all the authors must disclose any associations that might present financial, or personal conflicts of interest. When there is nothing to declare, describe “Self-Declaration of Conflicts of Interest: Nothing to declare” at the end of the paper. When there is something to declare, describe as follows; “× × is receiving financial assistance from ○○ company” or “× × is an employee, or an advisor of ○○ company,” etc.
13. Authors should generally refer to the APA Publication Manual regarding details other than those described above.